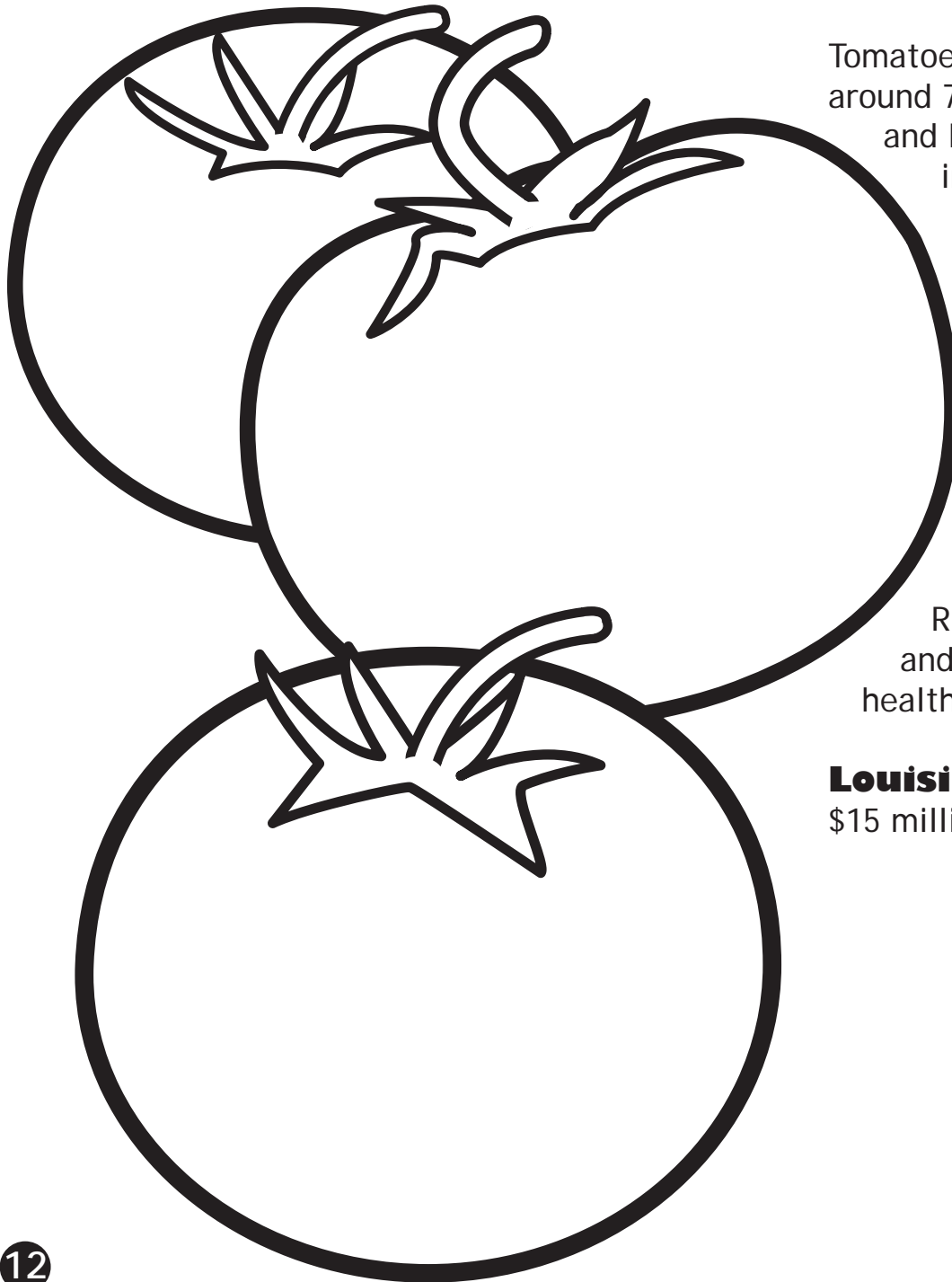


Field

TOMATOES



Tomatoes were first cultivated around 700 A.D. by Aztecs and Incas. Tomatoes were introduced to Europe by explorers returning from Mexico in 1556.

Tomatoes are used in many of your favorite foods like pizza, sauces and salads. Ketchup is made from tomatoes.

Good for You:

Rich in vitamins A and C and fiber, tomatoes are a healthful food.

Louisiana Value:

\$15 million

K K Y P L K O S R
E J U I C E H A J
T S E Z Y U T L O
C O C Z I N H A H
H U S A U C E D R
U P E A Q W C G B
P F K R J E L S O



Word Search!

Can you find the foods that include tomatoes in the word puzzle above?

Hint:

PIZZA
SAUCE
JUICE
SOUP
SALAD
KETCHUP